

Kathryn has been working as a physio for 10 years in Hospitals as well as in Private Practice. She is returning to working as a physiotherapist after a prolonged Maternity Leave as she has two little daughters just 13 months apart in age.

Her passion is treating a wide variety of patients and she has a diverse range of skills including Clinical Pilates and Dry Needling.

She spent 11 years rowing competitively, including rowing overseas for the university, and brings this experience into her physiotherapy practice.